

- ___ 32. avoiding everyday places for fear of having a panic attack or needing to go with other people in order to feel comfortable
- ___ 33. excessive fear of being judged by others, which causes you to avoid or get anxious in situations
- ___ 34. persistent, excessive phobia (heights, closed spaces, specific animals, etc.) please list _____
- ___ 35. recurrent bothersome thoughts, ideas or images which you try to ignore
- ___ 36. trouble getting "stuck" on certain thoughts; having the same thought over & over
- ___ 37. excessive or senseless worrying
- ___ 38. others complain that you worry too much or get "stuck" on the same thoughts
- ___ 39. compulsive behaviors that you must do or you feel very anxious, such as excessive hand washing, checking locks, or counting or spelling
- ___ 40. needing to have things done a certain way or you become very upset
- ___ 41. others complain that you do the same thing over and over to an excessive degree (such as cleaning or checking)
- ___ 42. recurrent and upsetting thoughts of a past traumatic event (molest, accident, fire, etc.) please list _____
- ___ 43. recurrent distressing dreams of a past upsetting event
- ___ 44. a sense of reliving a past upsetting event
- ___ 45. a sense of panic or fear to events that resemble an upsetting past event
- ___ 46. you spend effort avoiding thoughts or feelings associated with a past trauma
- ___ 47. persistent avoidance of activities/situations, which cause remembrance of upsetting event
- ___ 48. inability to recall an important aspect of a past upsetting event
- ___ 49. marked decreased interest in important activities
- ___ 50. feeling detached or distant from others
- ___ 51. feeling numb or restricted in your feelings
- ___ 52. feeling that your future is shortened
- ___ 53. quick startle
- ___ 54. feels like you're always watching for bad things to happen
- ___ 55. marked physical response to events that remind you of a past upsetting event, i.e., sweating when getting in a car if you had been in a car accident
- ___ 56. marked irritability or anger outbursts
- ___ 57. unrealistic or excessive worry in at least a couple areas of your life
- ___ 58. trembling, twitching or feeling shaky
- ___ 59. muscle tension, aches or soreness
- ___ 60. feelings of restlessness
- ___ 61. easily fatigued
- ___ 62. shortness of breath or feeling smothered
- ___ 63. heart pounding or racing
- ___ 64. sweating or cold clammy hands
- ___ 65. dry mouth
- ___ 66. dizziness or lightheadedness
- ___ 67. nausea, diarrhea or other abdominal distress
- ___ 68. hot or cold flashes
- ___ 69. frequent urination
- ___ 70. trouble swallowing or "lump in throat"
- ___ 71. feeling keyed up or on edge
- ___ 72. quick startle response or feeling jumpy
- ___ 73. difficult concentrating or "mind going blank"

- ___ 74. trouble falling or staying asleep
 ___ 75. irritability
 ___ 76. trouble sustaining attention or being easily distracted
 ___ 77. difficulty completing projects
 ___ 78. feeling overwhelmed of the tasks of everyday living
 ___ 79. trouble maintaining an organized work or living area
 ___ 80. inconsistent work performance
 ___ 81. lacks attention to detail
 ___ 82. makes decisions impulsively
 ___ 83. difficulty delaying what you want, having to have your needs met immediately
 ___ 84. restless, fidgety
 ___ 85. make comments to others without considering their impact
 ___ 86. impatient, easily frustrated
 ___ 87. frequent traffic violations or near accidents
 ___ 88. refusal to maintain body weight above a level most people consider healthy
 ___ 89. intense fear of gaining weight or becoming fat even though underweight
 ___ 90. feelings of being fat, even though you're underweight
 ___ 91. recurrent episodes of binge eating large amounts of food
 ___ 92. a feeling of lack of control over eating behavior
 ___ 93. engage in regular activities to purge binges, such as self-induced vomiting, laxatives, diuretics, strict dieting or strenuous exercise
 ___ 94. persistent overconcern with body shape and weight
 ___ 95a. involuntary physical movements or motor tics (such as eye blinking, shoulder shrugging, head jerking or picking). How long have motor tics been present?_____ How often?_____ describe_____
 ___ 95b. involuntary vocal sounds or verbal tics (such as coughing, puffing, blowing, whistling, swearing). How long have verbal tics been present?_____ How often?_____ describe_____
 ___ 96. delusional or bizarre thoughts (thoughts you know others would think are false)
 ___ 97. seeing objects, shadows or movements that are not real
 ___ 98. hearing voices or sounds that are not real
 ___ 99. periods of time where your thoughts or speech were disjointed or didn't make sense to you or others
 ___ 100. social isolation or withdrawal
 ___ 101. severely impaired ability to function at home or at work
 ___ 102. peculiar behaviors
 ___ 103. lack of personal hygiene or grooming
 ___ 104. inappropriate mood for the situation (i.e., laughing at sad events)
 ___ 105. marked lack of initiative
 ___ 106. frequent feelings that someone or something is out to hurt you or discredit you
 ___ 107. do you snore loudly (or do others complain about your snoring)
 ___ 108. have others said you stop breathing when you sleep
 ___ 109. do you feel fatigued or tired during the day
 ___ 110. do you often feel cold when others feel fine or they are warm
 ___ 111. do you often feel warm when others feel fine or they are cold
 ___ 112. do you have problems with brittle or dry hair
 ___ 113. do you have problems with dry skin
 ___ 114. do you have problems with sweating
 ___ 115. do you have problems with chronic anxiety or tension
 ___ 116. impairment in communication as manifested by at least one of the following:

- delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate through alternative modes of communication such as gesture or mime)
- in individuals with adequate speech, marked impairment in the ability to initiate or sustain a conversation with others
- repetitive use of language or odd language
- lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental level

_____ 117. impairment in social interaction, with at least two of the following:

- marked impairment in the use of multiple nonverbal behaviors such as eye-to-eye gaze, facial expression, body postures, and gestures to regulate social interaction
- failure to develop peer relationships appropriate to developmental level
- lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by a lack of showing, bringing, or pointing out objects of interest)
- lack of social or emotional reciprocity

_____ 118. repetitive patterns of behavior, interests, and activities, as manifested by at least one of following:

- preoccupation with an area of that is abnormal either in intensity or focus
- rigid adherence to specific, nonfunctional routines or rituals
- repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)
- persistent preoccupation with parts of objects